



Clinical Practice Guidelines for the Treatment of Substance Use Disorders

Kern Behavioral Health and Recovery Services Department - Revised December 2020

These clinical practice guidelines are designed to provide information and assist treatment providers in decision-making. They are intended to reduce variation in the provision of care and provide a framework for client care. They are not intended to define an exclusive course of treatment. It is the expectation of the Kern Behavioral Health and Recovery Services Department (KernBHRS) that providers will consider many factors in the provision of services, including the unique needs and circumstances of each individual served and the service expectations outlined within applicable department contracts and/or service agreements.

It is the goal of KernBHRS to implement a system of care characterized by providing welcoming, accessible, recovery-oriented, person and family-centered, co-occurring disorder capable, and culturally-competent services. These guidelines are intended to be consistent with this goal, while providing a structure for services offered within the KernBHRS Substance Use Disorder System of Care.

The guidelines are based on the most recent information available at the time of publication. They apply to provision of services for adult and adolescent individuals served within the KernBHRS Substance Use Disorder System of Care. This includes clients who fall anywhere within the treatment continuum, and individuals with both substance use disorder and other health conditions. The guidelines are intended for use by practitioners within a variety of treatment settings, including outpatient treatment, residential treatment, and medication assisted treatment.

KernBHRS practice guidelines include, but are not limited to, publications from the Substance Abuse and Mental Health Administration (SAMHSA), American Society of Addiction Medicine, and relevant best practices in the field of addiction treatment. Publications are listed on the following pages and separated based on population served and treatment type. Practitioners should refer to these publications for practice strategies and guidance as they apply to the specific treatment modality and services provided within their professional scope and service agreement. Some of these publications may be ordered or downloaded from the SAMHSA website at: <https://www.samhsa.gov> or <https://store.samhsa.gov/?v=series&ff0=series:5557>. Practitioners may also reach out to KernBHRS to obtain copies of documents within these practice guidelines or access on KernBHRS' SharePoint.





1. POPULATION

1.1 Adolescents

- **TIP 31: Screening and Assessing Adolescents for Substance Use Disorders**
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- **TIP 32: Treatment of Adolescents with Substance Use Disorders**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_8f2c4d363a9a4e4e9c7f6aad23e9947d.pdf

1.2 Co-Occurring Conditions

- **TIP 29: Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities**
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- **TIP 37: Substance Abuse Treatment for Persons with HIV/AIDS**
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- **TIP 42: Substance Abuse Treatment for Persons with Co-Occurring Disorders**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_44a333392c404bb8a2f5595381292811.pdf
- **TIP 48: Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery**
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 - **TIP 48: Literature Review**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_fef02f743b1d4ce5be3d4d1c185e0f48.pdf
 - **TIP 48: Literature Review Updates**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_21124c98e3eb41abb0b4b9d65812fc10.pdf
- **TIP 50: Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_7792c219b0f140c39fb0debefcfc3afe.pdf
 - **TIP 50: Editor's Note**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_89b1a6be4eb24f28b33649e9f1202435.pdf
 - **TIP 50: Literature Review**
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- **TIP 50: Literature Review Updates**
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- **TIP 57: Trauma-Informed Care in Behavioral Health Services**
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 - **TIP 57: Literature Review**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_2c5d0e361f4143e59f886cecf25a738a.pdf
- 1.3 Criminal Justice
 - **TAP 19: Relapse Prevention with Chemically Dependent Criminal Offenders, Counselor's Manual**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_e5c8541964fc471fbe1797cb417f0db5.pdf
 - **TIP 30: Continuity of Offender Treatment for Substance Use Disorders from Institution to Community**
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- 1.4 Families
 - **TIP 39: Substance Abuse Treatment and Family Therapy**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_3a7aa1c0a26e464280e1eb930c9ff05e.pdf
 - **TIP 39: Editor's Note**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_5da3a4627e5d4bb699a3b6e3c83bde3f.pdf
- 1.5 Men
 - **TIP 56: Addressing the Specific Behavioral Health Needs of Men**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_832cfcbd4246489e94c43228dfcb05fd.pdf
- 1.6 Women
 - **TIP 2: Pregnant, Substance-Using Women**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_07d960de40c244b0af5cd02422d8c517.pdf
 - **TIP 51: Substance Abuse Treatment: Addressing the Specific Needs of Women**
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2. TREATMENT TYPE

2.1 Case Management

- **TIP 27: Comprehensive Case Management for Substance Abuse Treatment**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_69a2785b27194109a5f9f13c8547f18f.pdf
 - **TIP 27: Editor's Note**
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2.2 Detox

- **TIP 45: Detoxification and Substance Abuse Treatment**
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2.3 Group Treatment

- **TIP 41: Substance Abuse Treatment: Group Therapy**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_e542eb2b6942423ab818c5e11062a333.pdf
 - **TIP 41: Editor's Note**
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2.4 Motivational Interviewing

- **TIP 35: Enhancing Motivation for Change in Substance Abuse Treatment**
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 - **TIP 35: Editor's Note**
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2.5 Opioid Use Disorders

- **TIP 63: Medications for Opioid Use Disorders – Full Document Including Executive Summary and Parts 1-5**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_178f295f45e84003af5579f3409c95be.pdf
 - **TIP 63: Executive Summary**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_4d1c86aff34b445da00723effa296f97.pdf
 - **TIP 63: Part 1 Introduction to Medications for Opioid Use Disorder Treatment**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_a6c7c65c3bac477cbe30b6815674d28f.pdf





- **TIP 63: Part 2 Addressing Opioid Use Disorder in General Medical Settings**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_db44c7bd6dd64381a207e23994bcde56.pdf
- **TIP 63: Part 3 Pharmacotherapy for Opioid Use Disorder**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_b0a56c019e174173814d1407d1690827.pdf
- **TIP 63: Part 4 Partnering Addiction Treatment Counselors with Clients and Healthcare Professionals**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_d4a5a1dfcdfe410cb0b8a66ce599f91a.pdf
- **TIP 63: Part 5 Resources Related to Medications for Opioid Use Disorder**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_023c16bee5a54aeaba4d1b4e161ae6a3.pdf

2.6 Outpatient Treatment

- **TAP 19: Relapse Prevention with Chemically Dependent Criminal Offenders, Counselor's Manual**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_06cb98129eec4426a6842fe88cba364a.pdf
- **TIP 47: Substance Abuse: Clinical Issues in Intensive Outpatient Treatment**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_65129a897a69422cb94641f36c47a189.pdf
 - **TIP 47: Editor's Note**
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2.7 Screening & Brief Treatment

- **TIP 31: Screening and Assessing Adolescents for Substance Use Disorders**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_32e95c65ff7a47e28a302f129ed6b10e.pdf
- **TIP 34: Brief Interventions and Brief Therapies for Substance Abuse**
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2.8 Stimulant Use Disorders

- **TIP 33: Treatment for Stimulant Use Disorder**
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2.9 Drug Testing

- **Consensus Statement – Appropriate Use of Drug Testing in Clinical Addiction Medicine**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_639af3e5809d4d3295704670198e4807.pdf
- **Drug Testing: A White Paper of the American Society of Addiction Medicine**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_b453d029b84c42278cfaf8f4da68cf8a.pdf

3. GENERAL COMPETENCIES

3.1 Addiction Counseling Competencies

- **TAP 21: Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice**
https://2a792f0f-7a5a-451c-ad0a-d193cf2f6402.usrfiles.com/ugd/2a792f_831c5b87afc3497c93c7d3ebd16bd51f.pdf

3.2 Cultural Competence

- **TIP 59: Improving Cultural Competence**
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3.3 American Society of Addiction Medicine (ASAM) Criteria

- Mee-Lee D, Shulman GD, Fishman MJ, Gastfriend DR, Miller MM, eds. *The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions*. 3rd ed. Carson City, NV: The Change Companies®; 2013.
www.changecompanies.net

These Practice Guidelines will be reviewed on an annual basis at a minimum, and links will be accessed to ensure accuracy. KernBHRS SUD staff will incorporate new and updated information to these guidelines as it is received from SAMHSA, the Department of Healthcare Services, and/or in response to changes to evidence-based and best practices in the field of addiction treatment. As these updates occur, the provider network will be informed, and the most updated Practice Guidelines will be available to beneficiaries as requested.

