MISSION Statement

Working together to achieve hope, healing and a meaningful life in the community.

VISION Statement

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

VALUES Statements

Hope, Healing, Community, Authority We honor the potential in everyone We value the whole person - mind, body and spirit We focus on the person, not the illness We embrace diversity and cultural competence We acknowledge that relapse is not a personal failure We recognize authority over our lives empowers us to make choices, solve problems and plan for the future



GREEN GARDENS

A SINGLE RESIDENT OCCUPANCY COMMUNITY



2300 South Union Ave. Bakersfield, CA

P.O. Box 1000 Bakersfield, CA 93302

General Info 661-397-2024 Mental Health Services Info 661-868-6175 Fax: 661-868-6180

Crisis Hotline: 1-800-991-5272 On the Web: www.co.kern.ca.us/kcmh/



Commission on Accreditation of Rehabilitation Facilities

Kern County Mental Health has been accredited by CARF for the following programs:
Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community employment Services



GREEN GARDENS

A SINGLE RESIDENT OCCUPANCY COMMUNITY

A Collaborative Housing Project directed by

Golden Empire Affordable Housing Inc. Property Management

Housing Authority of the County of Kern Provider of Special Section 8 Services

Kern County Mental Health Department Mental Health Service Provider

ARE YOU IN NEED OF HOUSING?

- Are you independent?
- Open Do you receive mental health services in the community or through Kern County Mental Health?
- Can you cook your own meals?
- Is keeping your living space clean something you can do?
- Do you take your medications without being reminded?



If you answered yes to the above questions, you may be a candidate to live in our independent and supportive living environment.



Services provided by KCMH at Green Gardens include case management, group counseling and individual therapy. Each resident is required to attend at least two groups per week, that are geared towards helping you live independently and managing your mental health needs.

Groups offered at Green Gardens include:

- Subsidy and Housing
- Independent Living Skills
- Men's Group
- Women's Group
- Early Recovery
- Wellness Recovery Action Plan (WRAP)
- Tools for Life

- Seeking Safety
- Gleaner's Services
- Relapse Prevention
- Anger Management
- **Social Support Awareness**
- **New Life Application**
- Manageability

For those tenants not served by KCMH there are on site activities to help maintain housing including a Housing Subsidy Group, as well as assistance with home inspections.







Amenities

The main building contains a kitchen with two (2) electric stoves and counter space for food preparation. Also in the main building is the laundry room, containing three (3) washers and three (3) coin operated dryers.



Each unit comes with minimum furniture, which includes a twin bed, dining table, chair, end table or TV tray, and a small refrigerator. Microwave and slow cookers are allowed, but no hot plates please.

Your telephone and TV access are at the Tenant's Expense, but utilities are paid by the owner. Each unit has an assigned mailbox.

In the evening when people are settling down for the night we have Security to patrol the area. For some residents settling down comes a little later and they

attend bible study or a group meeting in the Recreation Room.



A newer feature here at Green Gardens is our patio awning. It used to be that if you wanted to sit out on the patio it would have to be at night or in the sun. Now rain or shine the patio is open for those who wish to enjoy the outdoors.

So come on out to Green Gardens and check us out. The office area is open Monday thru Friday 8 a.m. to 5 p.m.

Socialization

Socialization is available as Green Gardens provides a community living environment.

Our park like setting seems to sooth and refresh, those who enjoy nature. Many also enjoy gardening in their own flower beds.



Our Community has a Tenant Council who organizes social activities. Also the council advocates for the concerns of residents. They bring issues to both Management and Kern Mental Health staff.-



Transportation

We have access to two (2) different bus routes, the 2 to Oildale and 7 to Kern Medical Center. For those who have their own transportation, namely a car, we have ample space in our parking lot. Your vehicle must be legally tagged and insured.

Costs

For those who qualify for rental assistance through Section 8, the rent at Green Gardens will be approximately 30% of your income. A one time deposit of \$427.00 is also required. For those of you who are on General Assistance, you can afford the rent and Kern County Housing Authority may pay your non-refundable deposit.

The balance of your rent after subsidy is each tenants responsibility. Your deposit can be divided into three (3) payments to be more manageable.

We have 14 private pay rooms for those of you that for one reason or another, do not qualify for one of our 90 Section 8 rooms.