

WISE TEAM

Promotes *Wellness*, *Independence* and *Senior Enrichment*

- ◆ Funded by the Mental Health Services Act (Proposition 63)
- ◆ Serves seniors 60 years of age and over
- ◆ Provides a wide range of services
- ◆ Collaborates with other providers of geriatric services.
- ◆ For more information call the WISE TEAM

(661) 868-5050

MISSION Statement

Working together to achieve hope, healing and a meaningful life in the community.

VISION Statement

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

VALUES Statements

Hope, Healing, Community, Authority

We honor the potential in everyone

We value the whole person – mind, body and spirit

We focus on the person, not the illness

We embrace diversity and cultural competence

We acknowledge that relapse is not a personal failure

We recognize authority over our lives empowers us to make choices, solve problems and plan for the future



WISE

Wellness, Independence
and Senior Enrichment

**Family involvement is
welcomed and encouraged**

carf

Commission on Accreditation
of Rehabilitation Facilities

Kern County Mental Health has been accredited by CARF for the following programs: Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community employment Services



Kern County Mental Health Department

*Working together toward
Hope, Recovery and Independence*

WISE

Wellness, Independence
and Senior Enrichment

Multidisciplinary Team:

WISE is a mobile clinical team composed of social workers, gero-psychiatrists, Nurse, Recovery Specialists and therapist to provide assessment, treatment, and community linkages in order to assist our clients enjoy satisfying lives and maintain their autonomy. We are available as a long-term support for our clients. We also plan to be a long term support for the community by training professionals in social work, medicine, and psychology in evidence based practices.

Family involvement is welcomed and encouraged.

WISE Services Include:

- ◆ Thorough assessment of strengths that can be harnessed, as well as mental health issues, health status, behavioral problems, cognitive functioning, self care skills and social skills, work and educational activities, as well as substance abuse screening.
- ◆ Individualized care planning with seniors and their families to develop treatment plans to optimize health and functioning.
- ◆ Psychiatric evaluation and treatment by physicians specifically trained to work effectively with seniors.
- ◆ Nursing services to address medical and mental health conditions and coordinate care between the WISE team and the individual's primary care physicians. Consistent access to medical care and prescribed treatments is a primary focus.
- ◆ Case Management is achieved through an active relationship with our clients to assist them with community functioning and needed services.
- ◆ Therapy is available to address age-specific treatment needs, primarily using brief motivational and Cognitive-Behavioral approaches. Therapies can not only increase the senior's potential for adaption and resiliency, but also improve life satisfaction and sense of meaning.
- ◆ Activities and linkages with programs throughout the community will be encouraged with each individual we serve. We have fun delivering Meals on Wheels together and are looking to expand our calendar of events.

**FAMILY INVOLVEMENT IS
WELCOMED
AND ENCOURAGED!**