

# Early Psychosis Program

Providing specialty care within  
Kern Behavior Health and  
Recovery Services  
(661)868-8080



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## What is the Early Psychosis Program?



The Early Psychosis Program provides specialty care for individuals and their families who are experiencing their first episode of psychotic symptoms, as well as those who may be showing early warning signs of these symptoms. At Early Psychosis Clinic, we utilize cutting-edge assessment techniques to identify at-risk individuals early in their illness and provide comprehensive, evidence-based treatment, focusing on consumer self-determination and family support as the path toward recovery.

## Who we serve

- Individuals aged 15 – 25
- Individuals in their first 2 years since their first psychotic episode
- Individuals who are willing to participate in the 2-year program process
- Individuals who are currently linked to a team within Kern Behavioral Health and Recovery Services

## Process for determining eligibility

- Once a referral is received, we move into the phone screening
- If eligible client will move into the assessment phase
- If eligible client will be invited for a welcome session to introduce team
- After welcome session client receives treatment for up to 2.5 years

## Services offered

- Peer Support
  - Family advocacy
  - Cognitive Behavioral Therapy for Psychosis
  - Support Groups
  - Individual Therapy
  - Family Therapy
  - Skills Training
  - Vocational and occupational assistance
  - Medication Management
- Interpreting services provided**

## Our goal

We strive to provide treatment as early as possible to prevent decline in functioning that can occur with illness onset. We work to empower individuals and interested caregivers to become active participants in their treatment and progress towards their personal, social, and occupational goals.