

# Get the Help You Need Now...

Kern County Mental Health provides a range of programs & services designed for Transitional Age Youth (TAY) (16-25) who reside in Kern County.

Mental Health services are available through directly operated and contract agencies throughout the County.

## Services Available for Transitional Age Youth (TAY)

Kern County Mental Health offers a Full Service Partnership Program for TAY youth ages 16-25 who would benefit from and are interested in participating in a program designed to address emotional, housing, and physical needs.



If you are in crisis and need help right away call Toll-Free  
24/7 Access Helpline:

**1-800-991-5272**

### MISSION Statement

Working together to achieve hope, healing and a meaningful life in the community.

### VISION Statement

People with mental illness and addictions recover to achieve their hopes and dreams, enjoy opportunities to learn, work, and contribute to their community.

### VALUES Statements

Hope, Healing, Community, Authority

We honor the potential in everyone

We value the whole person – mind, body and spirit

We focus on the person, not the illness

We embrace diversity and cultural competence

We acknowledge that relapse is not a personal failure

We recognize authority over our lives empowers us to make choices, solve problems and plan for the future



## TAY TEAM Transitional Age Youth Services

### Children's Administration

5121 Stockdale Highway  
Bakersfield, CA 93309

P.O. Box 1000  
Bakersfield, CA 93302

661-868-6465

**MAIN** 661-868-8300

**FAX** 661-868-8317

carf

Commission on Accreditation  
of Rehabilitation Facilities

Kern County Mental Health has been accredited by CARF for the following programs: Mental Health Programs- Case Management; Children and Adolescents-Case Management & Crisis Stabilization; Integrated Alcohol & Other Drugs-Case Management & Children & Adolescents-Case Management; Employment Services-Community Employment Services



**Kern County Mental Health Department**

*Working together toward  
Hope, Recovery and Independence*

# TAY TEAM

## Transitional Age Youth Services



## Services Provided by the TAY Team

**TAY programs provide a wide array of services and supports, and are guided by a commitment by providers to do “whatever it takes” within the resources available to help individuals within defined populations make progress on a their particular paths to recovery and wellness.**

**The following are examples of mental health services and supports clients may receive if participating in TAY services:**

- Counseling and/or psychotherapy**
- Assistance in obtaining transportation relating to the mental health treatment goal**
- Help obtaining needed medication**
- Assistance with Medical/Dental/Vision Services**

- ◆ **Help obtaining or keeping safe and affordable housing**
- ◆ **Support with educational opportunities**
- ◆ **Help securing financial & health benefits to which you are eligible for**
- ◆ **Treatment for addictions, such as alcohol, drugs, and other substances**
- ◆ **Help finding employment and/or vocational training**
- ◆ **Food & Clothing resource services**
- ◆ **Payee Services**



## Key Components of Transition Age Youth (TAY) Programs

TAY Team services may be delivered in your residence as well as in your community.

Mental Health services are available 24 hours a day (for crisis intervention, through the Hotline). Each client enrolled in a TAY

Program will participate in the creation of a plan focused on individualized goals with the assistance of clinicians and case managers.

Services provided by the TAY program vary from person to person. Clients enrolled in TAY will receive mental health services that are individually tailored and consistent with your individual needs and goals.



## Who is Eligible to Receive TAY Services?

The TAY Team emphasizes outreach and engaging youth ages 16-25 who are currently un-served, including the following:

- ◆ Emancipated youth
- ◆ Youth struggling with mental health issues
- ◆ TAY struggling with substance abuse disorders
- ◆ TAY who are homeless or at-risk of homelessness
- ◆ TAY aging out of the children’s mental health, child welfare, or juvenile justice systems
- ◆ TAY leaving long-term institutional care
- ◆ TAY experiencing their first episode of major mental illness

Clients must be referred to the program. There are three (3) ways a Transitional Age Youth client can be referred to the TAY Team:

- ◆ Agencies identify through outreach individuals who may be eligible and submit Referral & Authorization Forms to TAY.
- ◆ Individuals may be referred to TAY by mental health service providers, social service agencies, and the community.
- ◆ Contact TAY Supervisor Belinda Vieyra at 661-868-8344

## Interested in TAY Services?

To be considered for the TAY program, a referral must be submitted to the Kern County Mental Health TAY team on your behalf. The referral will be screened for eligibility by the TAY supervisor, and other human services professionals, as appropriate. If you are accepted into the TAY program, you will be contacted by the TAY services provided assigned and service will begin immediately. If you are not accepted into the TAY program, the team of professionals will help link you to other services and supports that may be helpful to you.

If you have questions regarding the referral process or how the TAY program works or for more information, please contact:

**TAY Supervisor  
Belinda Vieyra  
661.868.8344**

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